2018 BRINGING ADMINISTRATORS TOGETHER CONFERENCE

# **Crucial Conversations**

April 5, 2018 3:00 p.m.

UNIVERSITY OF ILLINOIS AT CHICAGO

Lincoln Hall

UIC

707South Morgan Street

**Conference Sponsors**: The Office of the Chancellor, Budget & Financial Administration / Human Resources, the Office of the Provost and Vice Chancellor for Academic Affairs, the Office of the Vice Chancellor for Research, and the Office of Business and Financial Services



## Workshop Presenter

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### Please ...

- Turn off cell phones.
- Avoid side conversations.
- Questions are welcome at any time.
- Sign the attendance roster.
- Complete the evaluation at the end of the workshop.

## Objectives

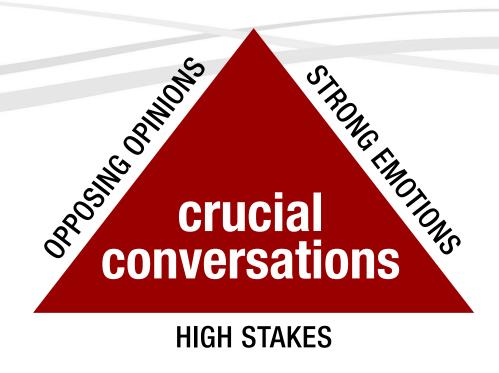
- Learn about Crucial Conversations training
- Learn one skill from the training

WELCOME!

# **Crucial Conversations**

**OVERVIEW PRESENTATION** 

# What Makes a Conversation Crucial? Three elements.



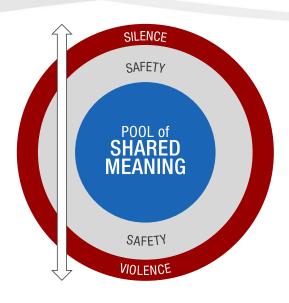
# The Silence to Violence Continuum

#### We Make a Fool's Choice.

When facing a crucial conversation, we often feel we have to choose between responding with silence or with violence.

We assume we can either share our honest opinion OR be respectful.

We are blind to the dialogue option.





### Research Behind Crucial Conversations

- Over 20 years and 10,000 hours of observation
- Link between how the crucial conversation is handled to reach outcomes

When we start having these conversations effectively, we will see our issues get solved and our bottom line improve.



### **Skills and Principles**

- Identify the right problem to hold the right conversation.
- Stay focused on what you really want when motives degrade.
- Take control of your emotions instead of losing your cool.
- Speak persuasively, not abrasively.
- Watch for signs that safety is at risk and make it safe to talk.
- Help others into dialogue when they're feeling hurt, scared, or defensive.
- Go from talking to getting results.

### **Crucial Conversations**

Let's take about 20 minutes and learn one skill from Crucial Conversations;

Contrasting



## Workshop Summary

"When others feel respected and trust your motives, they let their guard down and begin to listen."

Al Switzler, author Crucial Conversations



## Questions / Concerns?

"In my thirty-five years in the training profession, I have never experienced content so valuable and so life-changing as what is found in Crucial Conversations. I am convinced that if people could read any book that crosses boundaries for skills in team building, performance management, conflict resolution, problem solving, etc., it would be this one."

> Terrie Monroe, director organizational development, Children's Health System